

# BE A STAR SCHOLAR

## MAINTAINING ACADEMIC SUCCESS DURING ISOLATION



**CREATE A COMFORTABLE SPACE** to study and participate in your classes. Pay special attention to this space and take the time to make it **YOUR** space.



**MAKE A SCHEDULE** for the week. Go through each class and write assignments that are due - and be specific! Having explicit details can help you if you are not feeling the greatest. You'll still know what needs to be done.



**REACH OUT FOR ASSISTANCE** with communicating to faculty or other needs. Student Advocacy and Support can help.

[studentaffairs.unl.edu/support](https://studentaffairs.unl.edu/support)



**DEVELOP NEW STUDY STRATEGIES** to increase your good study habits.

- **Meet via Zoom with an academic success coach**  
[success.unl.edu](https://success.unl.edu) | 402.472.1880



**BIG RED RESILIENCE  
& WELL-BEING**

Student Affairs