CREATE A COMFORTABLE SPACE to study and participate in your classes. Pay special attention to this space and take the time to make it YOUR space.

MAKE A SCHEDULE for the week. Go through each class and write assignments that are due – and be specific! Having explicit details can help you if you are not feeling the greatest. You’ll still know what needs to be done.

REACH OUT FOR ASSISTANCE with communicating to faculty or other needs. Student Advocacy and Support can help.
studentaffairs.unl.edu/support

DEVELOP NEW STUDY STRATEGIES to increase your good study habits.
• Meet via Zoom with an academic success coach
  success.unl.edu | 402.472.1880