



University of Nebraska-Lincoln Employee and Student COVID-19 Screening Guide



Scenario	Can I come to work or class?	Go home if at work or class?	Quarantine or Isolate?	Do I need to be tested?	Where do I go for care?
<p>Employee/Student has symptoms of COVID-19</p> <p><u>Symptoms include</u> fever of > 100.4 degrees, shortness of breath or difficulty breathing, new dry cough, new loss of taste or smell, and/or 2+ of the following for > 24 hours and unexplained: chills > 2 hours, congestion/runny nose, sore throat, headache, muscle pain, nausea, vomiting, or diarrhea.</p>	<p>NO</p> <p>Stay at home.</p>	<p>YES</p> <p>Go home.</p>	<p>VARIES</p> <p>Until you have not had a fever for 24 hours w/ out use of medicine, other symptoms have improved, and 10 days have passed since symptoms 1st appeared OR approved in writing by health care provider.</p>	<p>VARIES</p> <p>Contact Primary Care Physician or University Health Center.</p>	<p>Primary Care Physician or University Health Center.</p> <p>Call beforehand.</p>
<p>Employee/Student tests COVID-Positive</p> <p>You have been tested by a doctor or health department and have been informed you have tested positive.</p>	<p>NO</p> <p>Stay home until isolation period has ended or given the ok from a medical provider.</p>	<p>YES</p> <p>Go home.</p>	<p>YES - self-isolate</p> <p>Isolate until you meet all criteria (unless directed otherwise by a medical professional):</p> <ul style="list-style-type: none"> • Have not had a fever for 24 hours w/out use of medicine, • Other symptoms have improved, • 10 days have passed since onset of symptoms or date test was administrated (if no symptoms). 	<p>NA</p> <p>UNL does not require a negative test to end isolation.</p>	<p>If symptoms worsen, contact Primary Care Physician, University Health Center, or Local Emergency Room.</p> <p>Call beforehand.</p>
<p>Employee/Student's household contact tests positive</p> <p>Someone you live with, roommate, or significant other, tests positive for COVID-19.</p>	<p>NO</p> <p>Follow self-quarantine guidance.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES</p> <p>Go home.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES - self-quarantine</p> <p>Follow an approved quarantine protocol per your supervisor.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES</p> <p>Self-monitor for symptoms, consult your health provider, and follow quarantine guidance.</p> <p>* Vaccination or previous positive exemption</p>	<p>Primary Care Physician or University Health Center.</p>

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<p>Employee/Student's close contact tests positive for COVID-19</p> <p>Someone you spent 15 minutes or longer in close contact with cumulatively, within 6 feet, OR Lincoln-Lancaster County Health Department or University Public Health Advocacy Team identify you as a close contact.</p>	<p>NO</p> <p>Follow self-quarantine guidance.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES</p> <p>Go home.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES - self-quarantine</p> <p>Follow an approved quarantine protocol per your supervisor.</p> <p>* Vaccination or previous positive exemption</p>	<p>YES</p> <p>Self-monitor for symptoms, consult your health provider, and follow quarantine guidance.</p> <p>* Vaccination or previous positive exemption</p>	<p>No care needed if you do not have symptoms.</p> <p>Self-monitor symptoms & temperature twice daily for 14 days, looking for fever >100.4°. Wear a face covering if ever around anyone else.</p>
<p>Co-worker or friend tests positive</p> <p>Someone who you walked by or were around, but greater than 6 feet away. Someone you were in the same room with, but not within 6 feet for 15 minutes or longer.</p>	<p>YES</p> <p>You may work/attend class as long as you do not have symptoms.</p>	<p>NO</p>	<p>NO</p>	<p>NO</p> <p>Unless you develop symptoms.</p>	<p>No care needed if you do not have symptoms.</p> <p>Self-monitor symptoms every day for 14 days and continue face covering use.</p>
<p>Friend of a friend tests positive</p> <p>Your best friend's mother or spouse's coworker.</p>	<p>YES</p> <p>You can work/attend class as long as do not have symptoms.</p>	<p>NO</p>	<p>NO</p>	<p>NO</p> <p>Unless you develop symptoms.</p>	<p>Take general precautions given the community spread of COVID.</p>

* VACCINATION OR PREVIOUS POSITIVE EXEMPTION: Persons who have been fully vaccinated with an eligible vaccine or who have tested positive in the past 90 days are not required to quarantine following close contact exposure. Close contacts who are fully vaccinated and have not tested positive for COVID-19 within the past 90 days should get tested 5-7 days after exposure, even if they are not displaying any symptoms at that time. Please use UNL's free saliva testing. All close contacts should wear a face covering at all times indoors and in crowded outdoor spaces and self-monitor for symptoms in the 14 days after an exposure. If even minor symptoms develop at any point during these 14 days, get tested right away and/or seek medical advice.